



Every child can learn,
grow, and succeed at
their own pace.



Contact Us:

011-6767 2323

68-2, Jalan Temenggung 19/9,
Bandar Mahkota Cheras,
43200 Cheras Selangor.

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The
Method+



EVERY CHILD CAN LEARN

Teaching through themed development to enhance
readiness, essential skills, and social growth.



Welcome to The Method+

About Us

We are an **inclusive education centre that integrates brain science**, dedicated to helping every child reach their full potential. We believe that **every child can learn** — regardless of their learning pace or challenges.

我们是一家**结合脑科学的融合教育中心**，致力于帮助每个孩子发挥最大潜能。我们相信**每个孩子都能学**——无论他们的学习速度或挑战如何。

Program Featured:

- Thematic Learning 主题式探索学习
- School Readiness 学前能力准备课程
- After School Care 课后成长托管
- QEEG Brain Assessment QEEG脑功能评估
- Brain-based Attention Training 脑科学专注力训练 (Neurofeedback Training)
- Sensory Processing Activities 感觉统合训练活动



Our **thematic learning** allows children to explore a topic across different subjects. Through hands-on activities, discussion, and creative projects, children **develop curiosity, critical thinking, and a love for learning.**

我们让孩子围绕同一个**主题**从不同学科进行探索。通过实践活动、讨论和创意项目，**培养孩子的好奇心、思考能力和学习兴趣。**

School Readiness Program focused teaching in **language** and **math** foundations, **tailored to each child's learning level** and pace.

We also support attention and learning skills, helping children cope better in school.

学前能力准备课程提供**语文与数学**基础，根据孩子的**学习程度**与**节奏**进行**个别化**引导。同时提升**专注力与学习能力**，让孩子更轻松应对学校学习。



What is QEEG Brain Assessment? / 什么是QEEG脑功能评估?

QEEG Brain Assessment is a **safe, non-invasive test** that measures your child's brainwave activity. Often called an **"ECG for the brain,"** it helps us understand how the brain functions and identify areas that may need support.

QEEG 脑部评估是一项**安全、非侵入性的脑部检测**，通过测量孩子的脑电波活动来了解大脑的运作情况。它常被称为**"大脑的心电图"**，帮助我们了解大脑功能并找出需要加强支持的部分。

What is Neurofeedback? / 什么是神经反馈?

Neurofeedback is a safe, non-invasive, science-backed brain training method that helps children **improve focus, emotional regulation, and learning abilities - without any medication.**

神经反馈是一种安全的、非侵入性的、科学支持的脑训练方法，帮助孩子**改善专注力、情绪调节和学习能力——无需任何药物。**

RESULT

- ✓ Better focus and attention in class
提升专注力和课堂注意力
- ✓ Less hyperactivity and better impulse control
减少过动行为，提升自我控制能力
- ✓ Improved emotional regulation (fewer meltdowns)
改善情绪调节能力 (减少情绪爆发)
- ✓ Better sleep quality
改善睡眠质量
- ✓ Enhanced learning ability
提升学习能力
- ✓ Reduced anxiety
减少焦虑感



Admissions Open Now!