



OUR PROGRAMS

Behavior Intervention Plan (BIP)

A program which promotes positive behaviors. Specific interventions are chosen based on the predicted or overt function of the behavior, with the aim of reducing the frequency and intensity of challenging behaviors.



Coping with Depression & Anxiety

This program coaches children, adolescents and their families into implementing practical strategies tailored for them with the aim to reduce or prevent anxiety symptoms, rather than trying to eliminate or avoid them.



Emotional Regulation Program

Assisting your child in developing the skills to regulate their emotions. Emotion regulation is a skill, much like reading, tying shoes, or walking, and it can be learned. This can be particularly challenging for children with conditions such as Autism, Early Childhood Trauma, Sensory Processing Disorder, Anxiety, and other Special Needs.



Bullying Management Program

This program provides children and adolescents with effective coping mechanisms, assists them to acknowledge their inner strength, teaches them techniques to respond to the bully in a safe and appropriate manner, and navigates challenging situations.



Fine & Gross Motor Skills Intervention



A Program aligned with Occupational Therapy (OT) approaches to address issues related to movement and coordination.



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Social Skills & Reciprocal Interaction

The primary objective of social skills training is to enhance the capacity of children and adolescents to effectively engage in key social behaviors that contribute to their success in various social situation.



Self-Esteem & Self-confidence Program

This Program is designed to foster problem-solving and decision-making skills in children and adolescents, assists them in coping with moments of embarrassment, and teaches them how to navigate failures effectively, provides strategies for children and adolescents to handle rejection and educates them on how to transition from a fixed mindset to a growth mindset.



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Anger Management Program

Wee Rays offers an Anger Management Program specifically designed to help young individuals aged 9-18 find healthier alternatives in challenging situations. These structured coaching sessions focus on enhancing positive conflict resolution skills and reducing aggressive behavior. The program involves group discussions, role-playing, games, brainstorming, and confidence-building activities.

After School Program



Providing organized programs which take place after school for children. This helps them to use their time constructively and creatively while being supervised. This Program offers homework help, art classes, extra language, reading and math, science club, kids mindfulness & Yoga.

Shadow Aide

Personal Learning Assistants (PLA) or Shadow Aides are educational professionals or para-educators who serve as co-teachers in the classroom. They are primarily responsible for monitoring and supporting the progress of a specific child, often one with specific delays or special needs.



Parent Management Program



Coaching sessions, parents and caregivers will gain the skills to effectively address anxiety and negative behaviors. They will also learn how to promote positive behaviors and how to foster a natural inclination toward such behaviors in their child.

Assessments



Social and Emotional Assessment

1. Behaviour Assessment System for Children (BASC-3)
2. Functional Behavior Assessment (FBA)

Educational Assessment / Academic Assessment

1. Kaufman Test of Educational Assessment - Third Edition (KTEA-3)

Learning Disability Assessment

1. Assessment of Language and Learning Skills - Revised (ABLLS-R)
2. Sensory Profile-2

Developmental Assessment

1. Bayley Scales of Infant And Toddler Development (Third Edition)
2. Developmental Profiles (DP3)